



PRESCRIPTION DRUG TRANSITION WORKSHEET

Make sure you're prepared to get your prescriptions! Use this worksheet for your reference - fill out one sheet for each medication.

Note: If you enroll under Aetna, Highmark Blue Shield, Cigna, or UnitedHealthcare, your pharmacy benefit manager will be CVS Caremark. All regional carriers will manage their own prescription drug coverage.

My Medication Name:

My Prescription Number/Identifier:

Call CVS Caremark or your regional medical carrier for answers to these questions:

Is my medication on the formulary?
If not, how much more will I have to pay?

How much will a 30-day supply cost? How much will a 90-day supply cost?

Will I have to pay a penalty if I choose a brand name drug if a generic is available?

Is my drug considered preventive?

Will I have to go through a step therapy program (see right)? If so, what alternative will I have to try before my medication is covered?

Are there any quantity limits?

Is pre-authorization required? If so, what information will my doctor need to provide for my medication to be covered? Where can I find any forms that need to be completed?

How do I find an in-network pharmacy?

How do I set up mail-order prescriptions?

WHAT IS A STEP THERAPY PROGRAM?

You'll need to try using the most cost-effective version of your medication first—usually the generic. A more expensive version will only be covered if the first drug isn't effective in treating your condition.

Did You Enroll in Bronze or Bronze Plus?

When the new plan year begins, you'll pay the full cost of a drug's discounted rate until you meet the combined medical and prescription drug deductible. If you or a covered family member takes maintenance medications or a brand name drug, you can take steps to protect your health and wallet.

1. Check with CVS Caremark or your regional medical carrier to make sure your drug is listed on the Formulary List (a list of generic and brand name drugs approved by the Food and Drug Administration covered under your plan) before you fill it.

2. Ask your doctor if a generic is available. Generic drugs meet the same standards as brand name drugs, but typically cost less. Because brand name drugs can be expensive, CVS Caremark and some regional carriers don't cover them at all if a generic is available.

3. Use mail order* to save you a trip to the pharmacy and potentially reduce costs. To set up mail order with CVS Caremark or your regional medical carrier, you'll likely need a new 90-day prescription from your doctor. Because mail order can take a few weeks to set up, ask your doctor for a 30-day prescription to fill at a pharmacy in the meantime.